

Page 3

The power of your  
Tongue

Dr.Ezekiah Francis

Page 6

Health  
Super Charge Your Brain - Part 2

Rev.Benita Francis

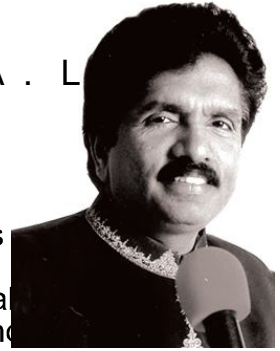
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# Heart Talk

E . D . I . T . O . R . I . A . L

Dearly beloved partners,

Warm greetings in Jesus' awesome Name. I appreciate you for all your precious prayers which has up-held me in proclaiming the prophetic voice to the nations. Your sacrificial offerings and gifts are a token of your love and responsibility towards our ministry and Mandate.



You are precious to God and us. I am concerned about your walk with the Lord. I urge you to walk closely with the Holy Spirit, the lover of your soul. Your intimacy with Him reflects your success in every area of your life. Meditate upon what ever you learned from us over and over again.

The new construction in our Poondi Camp Site is progressing. Thank you for all your support. Please intensify your prayers since we are planning to build it faster so that we can complete it before the Short Term Course. The AC dormitory and the New boarding block is ready to be used for the forthcoming STC. You can see the pictures of the project developments in our magazine.

You are welcome to stay in our camp site either individually or as a family, to pray for the proceedings. If you decide to do so, please contact us.

We have our Short Term Course in Poondi from the 10<sup>th</sup> to the 20<sup>th</sup> of August. Start preparing from now on. Recommend genuine candidates who have a burning zeal to serve the Lord with signs and wonders. You can also download the application form from our website.

I am planning to complete a couple of books soon. Please pray for more revelations and favorable conditions.

I covet your prayers for me, my wife, parents, counselors, coordinators, leaders, partners and staff. May God bless you with a Prophet's reward.

Your brother in Christ,

V. Ezekiah Francis

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# THE POWER OF YOUR TONGUE

P R O P H E T  
E Z E K I A H  
F R A N C I S

**Why should the Holy Spirit bring your tongue under His control before He brings all other parts of your body under His control? Here lies a vital truth.**

## **The power of your tongue**

Your tongue decides everything about your life. Every time I read about tongues in the Bible, I am wonderstruck. Your tongue controls your life more than you could ever imagine. Your tongue decides your victory or defeat. Your tongue makes you or breaks you. Your tongue strengthens you or weakens you. Your tongue frees you or fetters you. Your tongue builds you up or pulls you down. Your tongue opens you up for prosperity or for poverty. Oh, the power of your tongue! The great wise man Solomon reminds us of this truth repeatedly. If you underline all his words on the tongue and meditate upon them, you will know the magic power of your tongue.

What you sow with your tongue, you reap. You are already reaping the results of the words you spoke. You live by your tongue; you die by your tongue. How true is Solomon's statement: "Death and life are in the power of the tongue, and those who love it will eat its fruit" (Pr.18:21). "Whoever guards his tongue keeps his soul from trouble" (Pr.21:23). "The tongue of the righteous is choice silver" (Pr.10:20). His lips feed many (Pr.10:21). A wholesome tongue is a tree of life (Pr.15:4). The mouth of the righteous is a well of life (Pr.10:11). The only way to guard your emotions, feelings, mind and will-power is to keep your tongue under control. It's your tongue that releases the rivers of life from your innermost being. That's why soon after the Holy Spirit comes upon us, He brings our tongue under His control

and makes it His own. As initial evidence, He fills our tongue with His language.

The more you speak in tongues, the more your tongue comes under the rulership of the Holy Spirit. As a result, the fountains of life are fully released through your tongue and become the fruit of life to the dead world. Your tongue feeds the people who are crying out for the bread of life. What a privilege to yield your tongue to the Holy Spirit! How fortunate you are to speak forth His language!

Your Lord, who is greater than Solomon, has spoken much about your tongue. He said that out of the abundance of your heart, the mouth speaks (Mt.12:34). That's the secret of the different kinds of languages the disciples spoke on the day of Pentecost. No wonder their tongue exploded with the praises of God as they were so filled of God the Holy Spirit. Your Savior pronounced the final verdict that the words of your mouth justify or condemn you. The Holy Spirit helps you through your own tongue to rescue you from condemnation and make you His righteous, holy one. Anyone who yields his tongue to the Holy Spirit can easily and gradually excel in controlling his tongue. Is that the reason the Holy Spirit demands control over your tongue?

## **Bridle**

James, the brother of Jesus, who grew up with Him, expounded more vital truths on the constructive or destructive power of your tongue. He portrays your tongue as a bridle that controls your entire personality. As a rider turns the whole body of the horse through one small bridle, your Rider, the Holy Spirit, uses your tongue as a bridle to bring all your flesh under His control. Thereby the Holy Spirit and your spirit together bring all your feelings and bodily desires under His authority.

## **Rudder**

The pilot turns his large ship by a very small rudder wherever he desires and safeguards it from the fierce winds. In the same way, the Holy Spirit protects the ship of your life from being driven away by the onslaughts of the enemy or the adversities of life. He leads it as He desires through your tongue, His rudder. When He overrules your tongue, your tongue becomes His own, and your language becomes His own.

## **Fire**

James sees the tongue as a small fire that can set a large forest on fire. He asserts it can corrupt the whole body and set the whole course of your life on hell fire. Alas, how many have shipwrecked their lives because they lack control over their tongue! How many have fallen into adultery because of their lustful tongues! How many struggle with their flesh and perish! How many have destroyed the peace of their family because of the words of their tongue! How many have broken relationships because of their tongue! How many have damaged their healthy bodies because of their negative words! Oh God, forgive us!

We would need to write a separate book on our tongue, but now we want to find out the connection between the Divine tongues and our tongue control. The Bible makes very clear that no one can tame his tongue, no matter how much he determines and struggles to change. Yet there is good news: With men it is impossible, but not with God (Mk. 10:27).

We can never repeat enough that the main purpose of the Holy Spirit in your life is to rule your life and the nations by subduing your tongue. It's your tongue that preaches the Gospel to every creature. It's your tongue that commands sickness to leave. It's your tongue that casts out demons. It's your tongue that speaks forth words of grace. It's your tongue that prophesies and reveals mysteries. It's your tongue that heals broken hearts. I'm sure by now you know why the Holy Spirit first brings your tongue under His control. In my meetings I often say, Jesus demands your heart and the Holy Spirit demands your tongue. Now you know why the Holy Spirit came upon the Early Church and brought their tongues under His control and magnified God through other tongues.

Even today in my personal life I find that whenever I speak in tongues, full of the Holy Spirit, my mind comes under my control. Generally it doesn't happen immediately. Sometimes my mind wavers with different kinds of worries and anxieties. Sometimes I find it difficult to focus on one thing. Even to pray meaningfully and to meditate the Word of God becomes difficult at times. That's when I go into tongues either walking or sitting or in any other comfortable position. My mind struggles sometimes even to concentrate on speaking in tongues. But when I press on, the disturbed feelings calm down and my mind comes to a neutral position. Bible meditation and prayer become easier then. This is the art that brings your mind, which runs like a wild horse, under control. We are yet to fathom the depth of these mysterious tongues.

Everything that comes from above, however small it may seem, is precious. No man can perfectly understand its significance. The art I have learnt from my childhood, I share with you. In the multitude of our words sin is birthed, but in the multitude of His words through our own lips His life is birthed. Do you long to speak more to God and less to men? Do you struggle to bring your soul under your control? Are you struggling in your prayer life? Pray right now:

"Dear blessed Holy Spirit, my own words would only add to my sins. Let Your precious words flow from my tongue. Bring my entire life under Your sovereign dominion through my tongue. I'm convinced speaking in tongues greatly helps me to please You with the words of my mouth and the meditation of my heart. I have no words to thank You for teaching me this precious truth. From today onward, let my tongue constantly speak different kinds of tongues as I have yielded my tongue to you"

### Caution

At this juncture I want to caution you. Satan knows the power of your tongues, just as the Holy Spirit does. Satan strives hard

to put his words into your mind and wants you to speak them out, just as the Holy Spirit puts His words into your inner man. Both of them are striving hard to bring your tongue under their control. Yet we must be aware of the vast difference between these two. The Holy Spirit lives in your spirit. From there, He sends forth His words to your tongue. Such words bring life and blessing to humanity. Satan, however, has no access to your spirit, so he puts his words into your mind. When you accept his words and speak them, it brings a smell of death and destroys humanity. Alas, many of God's children cause great damage by yielding their tongue to Satan and thus unconsciously serving him. This is a heartbreaking truth. Let me give you some examples to discern the words of Satan.

### Unclean words

Satan sends his unclean spirits to tempt you to speak filthy, lustful words. Any word that defiles your holiness comes directly from these unclean spirits. Lips that speak enticing and seductive words become the mouthpiece of demons. Such words sound as sweet as honey but defile the saints of God and cause them to fall into the pit of adultery. These are drops of poison straight from the spirit of fornication. The Holy Spirit, however, is striving hard to fill you with His pure words and to make our tongue His weapon to deliver people from the power of sin. Friends, who reigns over your tongue? Do your words stimulate lust, or do you speak the words of the Holy Spirit to deliver the captives of lust? Make your choice today.

### Accusing words

Similarly, any word that accuses others is spewed out from the mouth of the old serpent. He is the accuser of the brethren day and night (Rev. 12:10). These spirits fill your mind with accusing words even without your knowledge. You begin to accuse people without realizing the danger behind it. Remember, any word you speak against men of God, your co-workers and their families, behind their back, comes directly from the devil. How sad to see many of God's saints become victims of this accusing spirit and accuse others. Surrender the bridle of your life into the hands of the Holy Spirit today. Practice to speak whatever things are true, noble, pure, lovely, of good report, praiseworthy, and become the weapon of the Holy Spirit (Phil. 4:8). Don't waste your time. Satan is the murderer who steals, kills and destroys the peace of the people. His poisonous words are like piercing swords that cut and wound people. Once your tongue falls prey to his words, you easily and unconsciously hurt people. Search your heart and know how many were wounded by your words. Satan rejoices even when a child is wounded by your harsh words. The words of correction you speak under the power of the Holy Spirit with the sole intention of seeking the person's best would never condemn, but rather convict them. No matter how many excuses you give for wounding others by your



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harsh words, surely you have become the slave of the enemy. The Holy Spirit is standing by your side to set you free right now.

The sweet words of the Holy Spirit always heal the broken hearted. For a Spirit-filled tongue-talker it's easy to speak such kind, healing words. The only thing you need to do is to yield your tongue to the Holy Spirit and pray in tongues as much as possible. Then the Spirit of grace and love will rise up in you and speak forth gracious, loving words through you. He longs to encourage and lift up many others through your words. Surrender to Him now.

**Negative words**

The spirit of fear has paralyzed many of God's champions today. These spirits sow thoughts of fear into you. They put terrifying images into your mind as if something dangerous would happen any moment. Yet instead of resisting that as satanic, you receive it without even discerning it. Thus your tongue is yielded to these spirits. The result is words of fear, words that magnify diseases, words that root out your faith, and all kinds of negative words. Such words affect and begin to rule your entire system. You become what you speak. Diseases, sickness, sorrows and sudden shock destroy you. The Holy Spirit is the Spirit of faith. He always sows words of faith into our minds and fills you with His encouraging words. When you yield your tongue to His words and speak them out, it creates a faith atmosphere and fills you and your loved ones. Then the spirits of fear and unbelief flee from those around you. Such words of faith can remove any barrier and even throw your mountainous problems into the sea.

Friend, will you start speaking the words of the Holy Spirit and

release the power of God through your words? God wants to make you His mouthpiece. "If you take out the precious from the vile, you shall be as My mouth," says God (Jer.15:19). Speaking in tongues is the great antidote for negative words. I have repeatedly said that there is a connection between our tongue control and the Divine language, but here I need to caution the tongue-talkers, too. Speaking the precious language of the great Holy Spirit is not only a rare privilege, but also a great responsibility. You need to be very, very careful to avoid the words of Satan and your flesh.

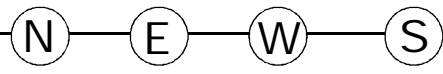
Speaking in tongues for an hour in your prayer closet and speaking the words of demons all day long will certainly lead you to danger. You would again break the inner man you just built up by speaking in tongues. There is a remedy for it. Practice to speak in tongues every day at specific times and develop the habit of speaking in tongues throughout the day. Then your spirit man will nudge you whenever you speak the words of demons. Change your conversation immediately with the strength of the Holy Spirit! When you make it a practice, you will see your anointing increase daily, and you will carry His mighty Presence.

Our life is too short, and millions are waiting for us. Live every day in the Spirit and let His tongues of fire consume your sinful tongue.

May multitudes turn from death to life through your tongue. May hearts be comforted. May the fearful become courageous. Still there is time. Today's decision will make a glorious tomorrow. May the Holy Spirit make your tongue His own. Let Him fill you with His gracious, pure words. Let the Holy Spirit cause you to speak His languages more than your own language. Let your tongue create a new world.

**Books of Dr.Ezekiah Francis for you to feast on**

							
Where are the Prophets	Trumpet call for Prayer	Prayer the vital breath of Life	Clarion call for Prayer in crisis	5 Secrets for Power Walk	Nation in your Hands	Praathna hi Jeevan	Adhbudh sansaar Adhbudh maarg



**New Delhi:** Domestic and international air fares will rise by Rs. 103 and Rs. 515 with a government notification to bring air travel into the service tax ambit. The hike comes into effect from the 22nd July 2010. Air travelers would be exempted from paying this tax while on a journey originating from or terminating in Arunachal Pradesh, Assam, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim and Tripura and Bagdogra in West Bengal. Srinagar, Leh and Jammu. (TOI 24<sup>th</sup> July 2010)

**Chennai:** Chennai ranks as the cheapest city in the world to park a car, according to Colliers International's global parking rate survey. The cost of parking for a full day is \$0.96 (Rs 45), while Bangalore was the most expensive at \$1.07 (Rs 70). India turns out having the cheapest parking charges in the world — less than \$2 a day. Ironically **Abu Dhabi is the most expensive place to park** at \$55 a day, followed by Oslo and then Tokyo at \$54.52 and \$54.50 a day for each.



# Health *Your most important asset*

**Rev. Benita Francis**

**This month**

## SUPER-CHARGE YOUR BRAIN

### Part 3

#### **Use all your senses!**

Your God has created you with five senses that can beautifully work together to make you fit for any place and circumstance. Different parts of your brain remember different sense impressions. For example, images are stored in one area, sounds in another, tactile (touch) sensations in another.

If you want to put new information into your brain, you should use as many different senses as possible. This **builds multiple memory pathways** to the information. For example, if you fail to remember the material through sight, then your audio pathway may allow you to access it. The more sensory pathways you engage, the more likely you will later be able to recall the information.

I love to listen to messages on my ipod while walking or going on my bike, enjoying God's beautiful creation. Interestingly, whenever I hear that same message again, the full picture of the place where I heard it comes back into my memory. The same also functions vice versa: When I see the place, I automatically remember the message I heard there.

Use this special ability of your brain! You can actually make your brain "encode" memories as "very important" by making it stick a "special attention note" to the memory! Emotions are the best "sticky notes" for memories.

Your amygdala tags an emotionally stimulating event with dopamine. (This is why it is so difficult to forget that painful word or experience...!) So if you can add some emotion to your studies, your brain will remember much better what you tried to store in it!

Reading AND seeing pictures: Three days after you studied, you will remember only 10% of what you read. If you add a picture to the text, however, you will remember 65%! So scribble your own pictures while studying. You will integrate more senses and even the physical activity of writing. Your brain will encode all of this in different places and make your studies almost unforgettable!

Reading AND hearing it read: Reading aloud what you are studying almost doubles your ability to remember. So make your voice heard... not only when you study your Bible, but for anything you want to remember! Pictures, or movies, with sound are most effective. So try using teaching DVDs or interactive computer programs.

Activate your sense of SMELL - it is the only one of your senses that has direct, immediate access to your brain! An experiment showed that people remembered only 10% of a movie two weeks after they had seen it - but when they were asked about the same movie in the presence of popcorn smell, they suddenly could remember 65%! Why? Because popcorn is usually consumed in cinemas, so

there was a popcorn smell in the air when they saw the movie!

You can use this ability of your brain for your studies. "Attach" to your studying a certain sight, touch, sound or smell you can reproduce during the exam time. The more senses you use to "encode" a subject in your brain, the stronger it gets stored, and the more storage places and access lines your brain will use for that same subject. It's very logical: If you can't access that memory via the visual pathway, you might be able to access it via the audio or tactile pathway.

Try pinching yourself in a specific place while studying. Pinching yourself in that same place during the exam will help you remember better what you studied!

Touch a peculiar object during your study time, and take it with you to the exam. Touching it will open up memory pathways and help you remember more of what you studied. Use a specific perfume only during your study time and then during the exam. You will remember much better!

Studies showed the percentage of information students remembered after 14 days. The results are amazing!

Reading only: 10%

Hearing only: 20%

Seeing only: 30%

Combined hearing and seeing: 50%

The best memory performance, however, was gained by "active learning": Giving a talk about the subject or participating in a group discussion about it: 70%.

Simulating the real experience or actually doing it: 90%!

Conclusion: Make your studies as lively as possible. Discuss with yourself and with others, teach others, and make experiments instead of just sitting and trying to cramp information into your brain.

Remember, your brain has unlimited capacity. You are created in the image and likeness of God Himself (Ge.1:26). Use your brain wisely and excel in everything you do for His glory and honor!

May our wonderful Lord fill you with joy and His mighty Presence as you apply these brain-health-principles, and may He use you to multiply this knowledge for the salvation of many!

**Brethren!**  
**Please pray for us!**

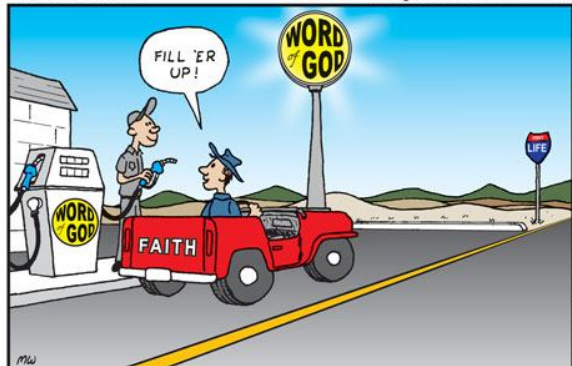
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# LAUGHTER THE DIVINE MEDICINE

A merry heart works good like a medicine: but a broken spirit dries the bones. Proverbs 17:22

**FAITH FUEL**

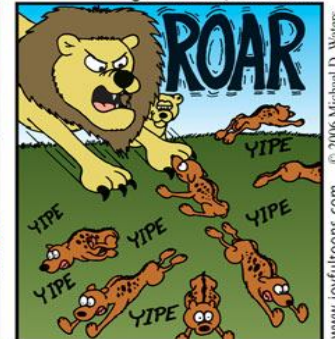
A Joyful 'toon by Mike Waters



Consequently, faith comes from hearing the message, and the message is heard through the word of Christ. ROMANS 10:17 NIV

**LION OF JUDAH**

A Joyful 'toon by Mike Waters



The LORD will grant that the enemies who rise up against you will be defeated before you. They will come at you from one direction but flee from you in seven. - DEUTERONOMY 28:7 NIV

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Marital Status  Married  Single  Widow(er)

Do you have the born-again experience  Yes  No  
 If yes, have you taken water baptism  Yes  No If yes,  
 date \_\_\_\_\_  
 Have you received the Baptism of the Holy Spirit  Yes  No If yes,  
 date \_\_\_\_\_  
 Church Affiliations \_\_\_\_\_  
 Name of your church \_\_\_\_\_  
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 Your present involvement in ministry \_\_\_\_\_  
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